

## Implementing Virtual Training with IM-Home: Case Discussions



### Course Description:

IM-Home provides the same benefits as the Interactive Metronome, with the convenience of in-home use. Virtual Training is a concept of using IM-Home with clients who are not able to see the clinician in person. Virtual clients may have restrictions (such as insurance, transportation, health limitations or location) which prevent them from keeping weekly appointments with the clinician. The concept of Virtual training offers both the clinician and the client ease of use and all the benefits of traditional IM Training. Upon completion of the course, you will be able to determine candidacy for IM-Home Virtual Training, assess individual client needs based upon Short and Long Form Assessment, develop individualized virtual treatment plans that are synchronized to your patients' computer when they log in (eclinic), fine-tune or revise treatment plans based upon patient comments/feedback, review detailed session data and patient comments about their in-home sessions to aid you in troubleshooting their care, and send/receive messages to guide the treatment process. You will learn how to teach your patients to view detailed session reports to better track their own progress, to enter comments after each treatment activity as needed, and to communicate more efficiently with you via eClinic. You (the Clinician) will also learn about the benefits of Virtual Training from a business marketing and profit standpoint. This course is offered only to IM-Home Certified Providers.

*\*Contact hours/CEUs are offered pending successful completion of a written exam at the end of the course.*

### Target Audience:

This course welcomes the following professionals who have completed the Interactive Metronome Certification Course.

- Occupational Therapist
- Occupational Therapy Assistant
- Physical Therapist
- Physical Therapy Assistant
- Athletic Trainer
- Licensed Medical, Rehabilitation or Mental Health Professional
- Music Therapist

### Instructional Level:

Advanced

### Learning Outcomes:

Upon completion of this course, participants will be able to:

- Evaluate candidacy for IM-Home Virtual Training vs Interactive Metronome clients based upon cognitive, communicative, social/behavioral, and/or motor deficits as it pertains to developmental and acquired neurological disorders;
- Perform & interpret objective IM assessments competently;
- Create & execute individualized IM-Home treatment plans;
- Utilize the IM-Home therapy management tool (IM-Home eClinic) to assign training plan to patients, view reports and communicate with patients;
- Identify opportunities available to facilitate a successful expansion of an existing practice.

*\*Note: This course covers information that pertains to licensed therapists and therapy assistants. OTA and PTA professionals must practice IM under the supervision of a licensed OT or PT.*

### Instructor:

**April Christopherson, OTR/L** has been an Occupational Therapist for almost 20 years and has worked with diverse populations in a variety of settings – including home health, private clinic and in-patient rehabilitation. She is the owner of MaxAchieve, Inc. in Colorado Springs, CO where her current clientele range from pediatrics to adults to high performance athletes, both stateside and internationally. She is the creator of the BrainFirst! Neuro-based treatment for clients. She believes in a whole, team approach to the client – including various medical professionals and therapists plus the use of functional neurology and metabolic/nutrition counseling. She also works exclusively with the Shandy Clinic in Colorado Springs, CO as the Director of Occupational Therapy providing solutions to families with children suffering from Autism, Asperger's, ADHD, and other diagnoses. April has worked as a legal consultant and as an expert witness throughout the United States. She sits on the Clinical Advisory Board for Interactive Metronome Corporation. She is a member of both the Advanced Brain Interactive Metronome adjunct faculty and teaches introductory and advanced continuing education courses to professionals.

April was granted her degrees in Occupational Therapy and Psychology from St Ambrose University in Davenport, IA in 1991. She has furthered her education by taking courses and attending conferences that foster her knowledge in helping clients recover neurological functioning from the lowest level to the higher cognitive and executive levels - such as Boehme Approach to Treatment of the Baby, Sensory Integration Clinics (various), The Listening Program, Interactive Metronome, Alert Program, Talk Tools, Treating Drug Affected Children, OT in the Schools, Benbow's Loops and Other Groups, Marriage and Family Counseling, Nutrition, Studies in Neurology, Traumatic Brain Injury, and various other certification classes. She uses Interactive Metronome in conjunction with The Listening Program as an intensive neurological treatment option for qualified clients and as an introductory functional treatment option for pediatric clients.

**Disclosures:**

**Instructor Financial Disclosure(s):** April is an active member of Interactive Metronome's Clinical Advisory Board, for which she receives an annual honorarium from Interactive Metronome, Inc. She is the author/co-author of numerous courses that focus on the clinical application of Interactive Metronome technology, for which he has received honoraria from Interactive Metronome, Inc. April does not receive royalties or any other form of compensation for the continued publication and use of educational materials she has authored/coauthored. April is also an instructor for Interactive Metronome, for which she receives a fee for teaching each course and reimbursement of travel expenses from Interactive Metronome, Inc. April does not sell or receive compensation for the sale of Interactive Metronome products.

**Instructor Nonfinancial Disclosure(s):** April uses Interactive Metronome in clinical practice at MaxAchieve, Inc. & the Shandy Clinic in Colorado.

**Course Content Disclosure:**

The Interactive Metronome, Inc. has developed and patented a licensed technology trademarked as the Interactive Metronome®. (U.S. Patents #4,919,030; #5,529,498; #5,743,744; #6,719,690; other U.S. and foreign patents pending) Interactive Metronome, Inc. is the sole source of the following products: Interactive Metronome®, Gait Mate® and IM Home®. The purpose of this course is solely educational. Because there are no other like-kind products available, this course will only cover information that pertains to the effective and safe use of the above-named products and is not intended to promote the business or product in any way.

**Course Origination Date\*:** 8/17/2011

\*Course content is reviewed annually to make sure it remains current and relevant to the practice of Interactive Metronome.

**Agenda (60 minutes):**

- Speaker introduction & disclosure
- Definition of virtual client
- Initial evaluation & intake
- IM Home virtual training method:
  - Initial client consultation
  - Discussion with caregiver(s)
  - Implementation of IM Home with the client
  - Distance monitoring through IM Home eClinic
- Case illustrations of IM Home assessment, training & remote monitoring
  - Case history
  - Individualized training plan
  - Treatment goals
  - Results
  - IM Home reports
- Online post-test & course evaluation

**Instructional Methods:**

- Lecture
- PPT

**Contact Hours/CEUs:**

0.1 AOTA; 1.25 NBCOT PDUs (1.0 contact hour)

PT/PTA & Other Disciplines Not Listed Above: If your discipline or state is not listed above, you may submit paperwork to your state board or association for CEUs if they allow you to do so. Please check with your state board/association prior to registering for this course.

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