

Tips for Treating Children with ADHD and SPD



Course Description:

Many clients who use Interactive Metronome have ADHD and/or sensory processing disorder. These diagnoses carry unique challenges for the use of I.M. This course will help Interactive Metronome practitioners use sensory strategies to assist clients in achieving their goals. *This course is not offered for contact hours/CEUs.*

Target Audience:

- Speech and Language Pathologist
- Speech and Language Pathology Assistant
- Audiologist
- Occupational Therapist
- Occupational Therapy Assistant
- Physical Therapist
- Physical Therapy Assistant
- Athletic Trainer
- Licensed Medical, Rehabilitation or Mental Health Professional
- Music Therapist
- Educator

Learning Outcomes:

Upon completion of this course, participants will be able to:

- Select clients with diagnoses of ADHD and/or SPD who will benefit most from incorporating Interactive Metronome into their treatment plan;
- Demonstrate practical strategies to increase comfort level and motivation toward treatment for use with clients who exhibit ADHD/ SPD;
- Provide specific ideas for problem-solving when clients appear to have reached a plateau in treatment to assist them in making further gains.

**Note: This course covers information that pertains to licensed therapists and therapy assistants. OTA and PTA professionals must practice IM under the supervision of a licensed OT or PT.*

Specific Learning Outcomes for Speech-Language Pathologists & Audiologists:

- Select clients with diagnoses of ADHD and/or SPD who will benefit most from incorporating Interactive Metronome into the treatment of speech/language and cognitive/communicative skills;
- Demonstrate practical strategies to increase comfort level and motivation toward treatment for use with clients who exhibit ADHD/ SPD;
- Provide specific ideas for problem-solving when clients appear to have reached a plateau in treatment to assist them in making further gains.

**Note: This course covers information that pertains to licensed therapists and therapy assistants. SLPA professionals must practice IM under the supervision of a licensed SLP.*

Instructor:

Linda Golden-Marx, OTR/L has been a pediatric occupational therapist for over 30 years. She has worked in public schools and has been in private practice for over 20 years in Westchester County, N.Y. Her practice focuses on children with diagnoses of sensory processing disorder, attention deficit hyperactivity disorder, and autistic spectrum disorder. Linda graduated with a B.S. in occupational therapy from Boston University. She is certified in the administration and interpretation of the Sensory Integration and Praxis Tests and is trained in Therapeutic Listening the The Listening Program. Linda has been using Interactive Metronome with her clients since 2002 to improve attention, regulation and motor planning. She looks forward to sharing her strategies with other IM practitioners.

Disclosures:

Instructor Financial Disclosure(s):

Linda received an honorarium from Interactive Metronome, Inc. for the development & presentation of this educational content. She does not receive royalties or any other form of compensation for the continued publication and use of educational materials she has authored.

Instructor Nonfinancial Disclosure(s): Linda uses Interactive Metronome with patients in private practice.

Course Content Disclosure:

The Interactive Metronome, Inc. has developed and patented a licensed technology trademarked as the Interactive Metronome®. (U.S. Patents #4,919,030; #5,529,498; #5,743,744; #6,719,690; other U.S. and foreign patents pending) Interactive Metronome, Inc. is the sole source of the following products: Interactive Metronome®, Gait Mate® and IM Home®. Because there are no other like-kind products available, course offerings will only cover information that pertains to the effective and safe use of the above-named products.

Agenda (60 minutes):

- Speaker introduction & disclosure
- Unique challenges for children with SPD and ADHD
- Detailed case examples of IM treatment – including approach & response to treatment
 - Julia
 - Jack
 - William
 - Nathan
- Ongoing assessment & adaptations/best practices based upon child's response to intervention
- Tips for success

Instructional Methods:

LECTURE, PPT, PHOTOS, CASE STUDY

Contact Hours/CEUs:

This course is not offered for contact hours/CEUs.